



# Exploring Faith: Healthy Fear

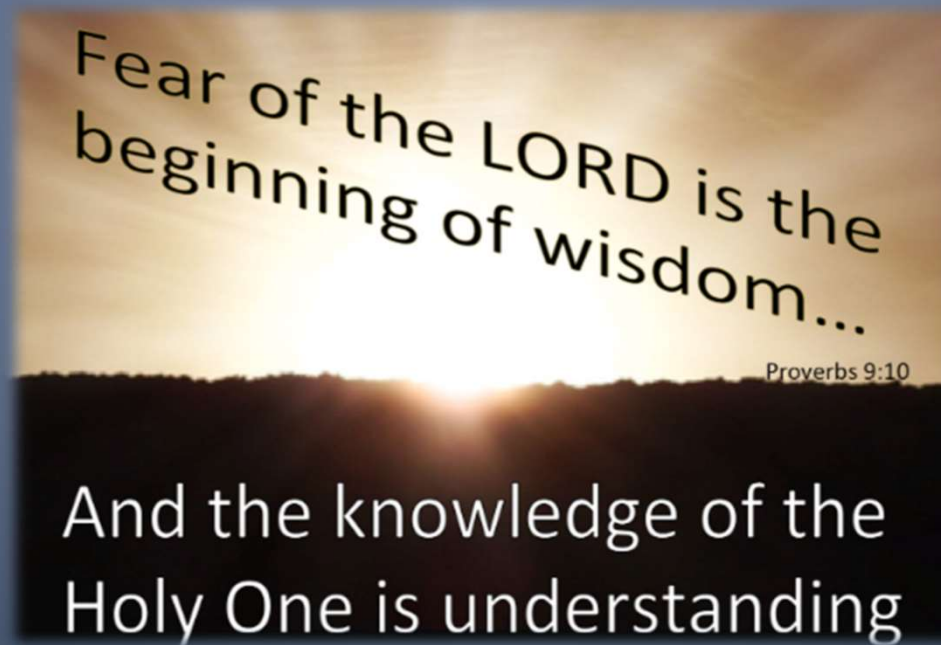
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# A Christian's Journey



## What does the Bible say?

Proverbs 9: 10 The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding. 11 For through wisdom your days will be many, and years will be added to your life.



# What our words mean

- › There are many words in other languages that explain what a word in English means. For example:
- › Love – in what ways do we use the word love?
  - Food
  - Toys
  - Pets
  - Parents
  - Friends
  - God / Jesus



But in other languages there may be many words that describe these different kinds of love.

# The Word Fear

› Words related to “fear”... What words do you think of when you think about fear?

- Scared
- Terror
- Panic
- Worry



› But fear used in the Bible sometimes also means

- Respect
- Awareness of God's presence



Healthy Fear...



## A few questions

- › Do you think differently about fearing God after this lesson? How so?
- › What is one way that you can practice having a healthy fear of God?