

WHAT ARE THE FRUITS OF THE SPIRIT ANYWAY?

- "But the fruit of the Spirit is Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control. Against such things, there is no Law." Galations 5:22-23
- These character traits come from God, the 3rd person of the Trinity called the Holy Spirit. If we want to grow in one of these areas, we need to ask God for help!

TODAY'S LESSON



Would you describe yourself as a patient person?

WHAT DOES IT MEAN TO BE PATIENT?

Waiting for something good to happen

 Waiting for something bad to change or go away

Trusting God to fulfill His promises







WHY IS PATIENCE SO IMPORTANT?

- 1) Patience helps us to appreciate good things when they come.

 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 1 Cor. 13
- 2) Patience builds our character, and helps us endure hard times

 3 Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, 4 and endurance produces character, and character produces hope, Romans 5:3-4
- 3) Patience keeps us from making foolish decisions

 Whoever is patient has great understanding, but one who is quick-tempered displays folly. Proverbs 14:29
- 4) God is patient with us, wanting everyone to be saved
- 5) ⁹The Lord is not slow to fulfill his promises...but is patient toward us, [a] not wishing that any should perish, but that all should reach repentance.

VIDEO

https://youtu.be/WMFuhWH-IRI



FINAL THOUGHTS

- What is one area of your life that you need more patience? Are you willing to ask God for help?
- In what ways has God been patient with you?
- Thank you for listening (patiently ©)